

Policy & Procedure

FALL PREVENTION

Lakeside Health Care Center

POLICY:

It is the policy of Lakeside Health Care Center to identify residents who are at high risk for falls and develop individual fall precautions for those residents.

PROCEDURE:

1. A Comprehensive Fall Assessment will be completed at the following times:
 - a. Initial
 - b. Anytime a resident has two falls in one week or three in 30 days
 - c. Annual MDS (Unless another fall assessment has been completed in last 30 days)
 - d. Completion of significant change decline MDS
 - e. Readmission after hospital stay
2. If the assessment finds the resident at high risk, review fall prevention options with team members and implement least restrictive measures as possible.
3. Initiate or revise residents care plan to reflect current precautions/interventions.
4. Communicate to staff regarding current precautions/interventions.
5. Residents determined to be at high risk with a recent fall history before admission will be reviewed at next scheduled bi-weekly medicare or rehab round meeting for further discussion of precautions/interventions to be implemented.
6. Post fall assessment will be completed after each fall.
7. The resident's physician will be notified of the resident fall risk if medical interventions are requested.
8. The resident's family will be notified of the residents fall risk during care conferences.
9. All residents at high risk for falls with a recent fall history will be discussed by the Quality Assurance Committee.