

RESPONDING TO RESIDENT BEDCHECK/CHAIRCHECK ALARMS

1. Locate Alarm

2. IF FALLEN:

- *Turn on call light
- *Turn off alarm
- *Reassure resident help is on way
and to remain still/don't move
- *STAY with resident until help
arrives

IF STANDING/LEANING:

- *Verbally cue to sit down
- IF DOES: *Turn off alarm
- *Let staff know of situation
- IF DOES NOT:
 - *Keep alarm ON until
additional help arrives

RESPONDING TO RESIDENT REQUESTS

CAN DO:

Get something that is out of reach.

Turn light/tv/radio/etc. on and off.

Close/open drapes.

Put tapes/movies in player.

Answer questions if can or state "I don't
know but will find out and get
back to you – FOLLOW THROUGH!"

CAN NOT DO:

Transfer/Toilet –

- if alert, ask resident to put
light on

- if not alert, put light on.

Assure them that someone is
on the way.

Give food/fluids without checking
with staff.

Bring back to room unless checking
with staff. (Safety/Falling)

NAME _____

FALLS TRIVIA

PRIZES: *1ST PLACE: VIDEO GIFT BASKET (3 VIDEOS, POPCORN, POP)*
2ND PLACE: VIDEO GIFT BASKET (2 VIDEOS, POPCORN, POP)
3RD PLACE: VIDEO GIFT BASKET (1 VIDEO, POPCORN, POP)
VIDEO RENTAL FROM COBORNS

ALL RETURNED ENTRIES WILL BE ENTERED IN A DRAWING FOR A CHANCE TO WIN A PIZZA FROM HOLIDAY PIZZA.

Entries need to be placed in box in rehab. room (400) by Tuesday, April 27th.
All employees may participate with the exception of the Fall's Team members.
Winners (along with answers) will be posted by Thursday, April 29th at the time clock outside of Roxie's office.

GOOD LUCK!

1. What does the BEST stand for in Best Age? B _____
E _____
S _____
T _____

2. What is the Fall's Initiative definition of a fall?

3. About how many people living in nursing homes die each year from falls (nationwide)? 1500, 1600, 1800, or 2100? _____

4. On average, one nursing home resident in Minnesota dies every _____ days in circumstances stemming from a fall? 2, 5, or 7

5. Where do most falls occur from? standing, bed, wheelchair? _____

6. 55.2% of injuries from falls involve what body part? _____

7. Cindy used to walk 200+ feet a shift. You notice that lately she has only been walking about 30 ft. and seems exhausted. What should you do?

8. Name 3 ways we can prevent falls in our care facility?
1. _____
2. _____
3. _____